

Dr Ronnie Stein, MD FRACP

PAEDIATRIC ENDOCRINOLOGIST

Dr. Ronnie Stein, MD FRACP, is a Consultant Paediatrician and Paediatric Endocrinologist, specializing in a wide array of hormonal issues affecting children from newborns through to older teenagers. Her expertise lies in addressing the complex needs related to growth, metabolism, and sexual development in paediatrics.

Children have unique physical and emotional needs, particularly during their growth and developmental stages. Dr. Stein understands these nuances and is dedicated to addressing hormone-related challenges that can significantly impact a child's emotional and physical well-being. As a paediatric endocrinologist, she adopts a sensitive and personalized approach, ensuring that each child receives the best possible care.

In her practice, Dr. Stein collaborates closely with primary care providers, specialists, nurses, dietitians, and psychologists, forming a multidisciplinary team that is essential in delivering comprehensive and holistic care. This teamwork not only addresses the immediate health concerns but also contributes positively to the long-term well-being of her young patients.

Dr. Stein used to consult privately at the Macmurray Centre and also in an outreach clinic in Cambridge. In 2024, she co-founded TinyGiants, there she currently works and further expanding her commitment to paediatric healthcare excellence.

Areas of expertise:

- Growth issues including: faltering growth, short stature, overgrowth and tall stature
- Puberty: Precocious or delayed puberty
- Polycystic ovary syndrome
- Childhood obesity
- Failure to thrive
- Hormone stimulation tests
- Hypoglycaemia (low blood sugar)
- Diabetes: neonatal diabetes, type 1 diabetes, MODY, type 2 diabetes, insulin resistance
- Thyroid gland dysfunctions: Autoimmune underactive (Hashimoto) or overactive (Graves), congenital hypothyroidism, etc.
- Thyroid gland enlargement (Goitre)
- Adrenal insufficiency: congenital adrenal hyperplasia, Addison's, adrenal hypoplasia, autoimmune adrenal conditions
- Ambiguous Genitalia
- Hypopituitarism (under-function of 1 or more of the pituitary gland hormones)
- Bone health: rickets, hypocalcaemia, hypercalcemia, vitamin D, etc.
- Transgender medicine (Gender affirming treatment)
- Syndromes with endocrine presentation such as: Turner, Noonan, Russel silver, Kallman, Prader Willi, Klinefelter etc.
- Ovarian and testicular dysfunction

Training:

- Semmelweis Medical School, Budapest Hungary
- Basic and Advanced Paediatric Training, Hillel Yaffe Medical Centre, Israel
- Paediatric Endocrinology Fellowship in Dana-Dwek Children's Hospital, Tel Aviv Sourasky Medical Centre, Israel
- ESPE (European society for paediatric endocrinology) DOME (diabetes, obesity and metabolism) School, 2017

Local and Overseas Experience:

- Consultant Paediatrician and Paediatric Endocrinologist, Wairau Hospital, Blenheim
- Paediatric Neuro-endocrine Clinic, Spinal Muscular Atrophy MDT Clinic, Dana Dwek Children's Hospital, Tel Aviv
- Paediatric Obesity Clinic, Paediatric Diabetes and Metabolism Unit, Dana Dwek Children's Hospital, Tel Aviv
- Consultant General Paediatric at Maccabi Health Care Services HMO