

Bio

Dr Nir Fireman MD FRACP

Paediatric Gastroenterologist and Endoscopist

I am Dr. Nir Fireman, a Consultant Paediatric Gastroenterologist based in Auckland. Trained as a general paediatrician, I further specialized in paediatric gastroenterology in Israel. My professional journey in New Zealand began in 2016 at the Starship Children's Hospital, where I worked as a paediatric gastroenterology consultant. Since 2017, I have been consulting privately, primarily at MacMurray Centre in Auckland, with additional outreach clinics in Cambridge and Lower Hutt. In 2024, I've co-founded TinyGiants.

In my practice, I am dedicated to providing comprehensive care to paediatric patients of all ages, from newborns to older teenagers, addressing a wide range of digestive issues. I have a particular expertise in performing paediatric endoscopies, including gastroscopy, colonoscopy, pill cam, and endoscopic pH studies. My approach to patient care combines advanced medical knowledge with empathy and personalized attention.

Outside of my professional life, I enjoy spending time in Auckland with my wife, three children, and our three cats, balancing a fulfilling career with a rich family life.

AREAS OF EXPERTISE:

- Paediatric inflammatory bowel diseases (IBD)
- Dietary treatment of IBD -Certified Crohn's Disease Exclusion Diet (CDED)
- Coeliac disease
- Chronic abdominal pain and Functional Gastrointestinal Disorders (Disorders of Gut-Brain axis)
- Constipation
- Faecal incontinence (Encopresis)
- Feeding disorders and difficulties
- Gastro-oesophageal reflux disease
- Eosinophilic oesophagitis
- Liver diseases in infants and children

INVESTIGATIONS AND TREATMENT MAY INCLUDE:

- Gastroscopy and Colonoscopy
- Video Capsule Endoscopy
- Hydrogen breath test
- Oesophageal pH Monitoring
- Wireless pH Monitoring (BRAVO)
- Iron infusion
- Imaging (Ultrasound, x-ray, MRI) referral
- Dietitian referral
- Psychologist referral

SPECIAL CLINICS:

- Eosinophilic esophagitis clinic: multidisciplinary team approach including: paediatric gastroenterologist, allergy specialist, dietitian
- Functional abdominal pain clinic. Input from paediatric gastroenterologist, dietitian and psychologist.